

San Diego State University

Asian Studies 450

Socio-cultural and Health Issues in Asian/Pacific Americans

Fall 2008

Schedule Number: 02844

Wednesday, 1600-1840

Professor Ofelia Dirige, Dr.PH, RD

A study of the diverse Asian Pacific American (APA) communities and the complex interaction of economic, social and cultural factors that influence their individual and ethnic health. It examines current programs, legislations, reforms, movements and strategies aimed at promoting wellness and closing health gaps.

Topics include demographics, disparities (chronic diseases, infectious diseases, mental health), families and socialization, communication and access to care, health professional distribution, alternative and complementary healing practices, health education programs, role of media, empowerment, collaborations, policy and advocacy.

This course may be taken by students from nursing, public health, sociology, social work, anthropology, Asian studies, health science, exercise and nutritional science and community leaders who like to understand and work more effectively with this particular populations; and anyone interested in improving the health of these communities.

This class may be taken through SDSU's Open University:

Call (619) 265-SDSU

For information call Dr. Dirige at the Filipino American Wellness Center

(619) 477-3392 or (619) 656-1983 or E-mail: odirige@msn.com