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HERBERT HOOVER HIGH SCHOOL

San Diego, California

Grand Opening Ceremony

Hoover Fitness Center

Operation FitKids, Inc.

Tuesday October 10 1995
10:00 AM

Hoover High School
4474 El Cajon Blvd.
Gymnasium

Hoover Fitness Center Goals

- To restructure the Physical Education program to include co-educational strength and fitness training 6 periods per day.

- To open the Fitness Center with after school programs for students, faculty, staff and community.

- To open the Fitness Center on Saturdays and make Hoover a "Cluster Fitness Center" for the community.

- To work in collaboration with state and local organizations to increase awareness of the importance of nutrition, health and fitness.

- To encourage "Fitness and Health Goals" for all members of the Hoover community.

Program

Presentation of Colors.....Hoover JROTC Color Guard

National Anthem.....Cadet Lt. Colonel Kasey Rasmussen

Welcome and Remarks.....Dr. Doris Alvarez

Governor's Council
Physical Fitness & Sports.....John Cates

Operation FitKids.....Ken Germano

Hoover Acceptance.....Dr. Bertha Pendleton
Dr. Doris Alvarez
Ernest D. Smith

Introduction of Keynote Speaker.....John Cates

Keynote Speaker.....Peter Vidmar
Olympic Gold Medalist - Gymnastics

Tour of Hoover Fitness Center

Special thanks to the following businesses, partnerships, organizations, individuals and students for their generous contributions to the Hoover Fitness Center:

- Operation FitKids, Incorporated
  Ken Germano, President & Founder

- California Governor's Council on Physical Fitness and Sports
  John Cates, Executive Director

- Nautilus International
  A Full Spectrum of Exercise Equipment

- Star Trac by Unisen, Inc.

- Stair Master Company/Sports and Medical Products

- Step Company of Atlanta

- United States Navy - Steadfast, Commander Turpin

- International Business Machine, Adela C. Garcia

- Pearson Ford Company, Ms. L. Eldridge

- Stern's Athletic Equipment Company/David & Ricky Stern

- Baer Enterprises, William Baer

- Ramirez Construction, Jose Ramirez

- Many Hoover Staff Members
  Special Thanks to Arnold Page

- Hoover Students: Michelle Young, Lucia Villegas, Aron Reyes, Jared Smith, Chanh Vuong, Bouchiaya Olivarria and students of Room 703A