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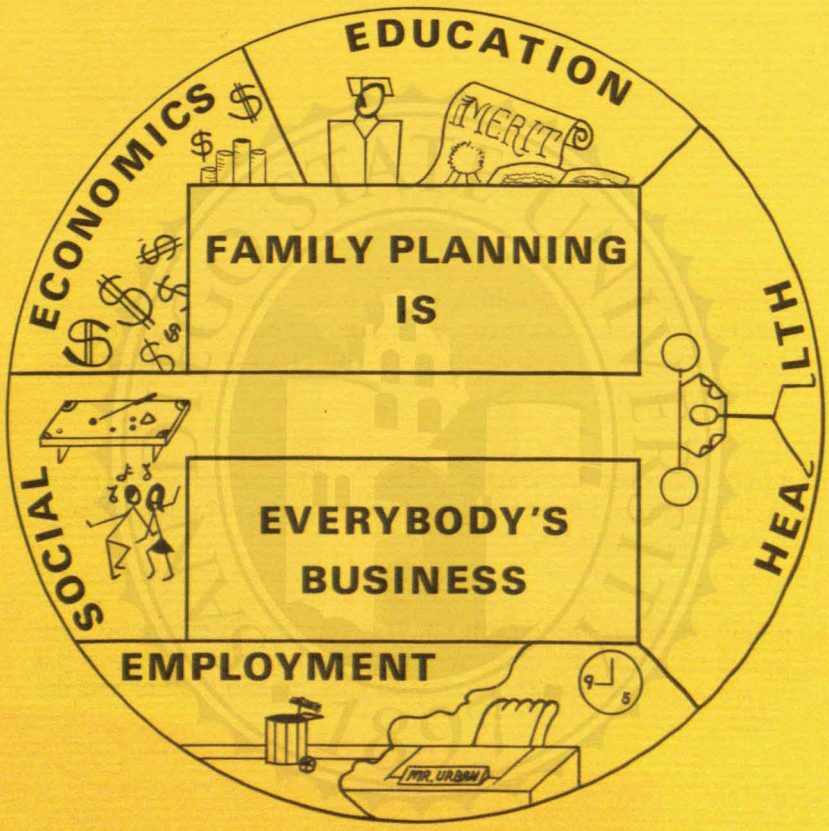
SAN DIEGO URBAN LEAGUE
FAMILY PLANNING FOR HEALTH



6171 IMPERIAL AVENUE
SAN DIEGO, CALIFORNIA 92114
262-0759

John E. Jacob
Executive Director

WHY?

Family Planning for Health gives a person the choice of having children when you want or can afford to. Your child will be one you can give love and attention to and can adequately support and educate.

Family Planning for Health is having information and services available without pressure from anyone, because Family Planning for Health is Voluntary.

Family Planning for Health could mean the difference in your economic bracket, time to enjoy your family, and in most instances, better health and health care for the mother and the child.

WHAT SERVICES ARE AVAILABLE?

Family Planning Information, Counseling and Education
Rap Sessions for teens (Family Planning Educators as Facilitators)
Home Visit (by request) for Family Planning Information and Counseling
Referrals (Pre-Natal, Adoptions, etc.)
Information (Pregnancy Counseling and Venereal Diseases)
Lectures to Groups
Transportation
Patient follow-up (by Family Planning Educators)
Infertility Counseling and Referral

A private physician will help you choose a contraceptive method. Your visit to the physician's office will include:

Physical Examination
Pelvic Examination
Pap Smear
A Contraceptive Method
Routine Lab Test
Sickle Cell Testing
VD Screening

And other tests that are necessary and return visit for check-up.

All medical services and information, contraceptives supplies are **free** of charge to Southeast residents.

For more Information:

COME IN OR CALL:

Urban League Family Planning for Health
6171 Imperial Avenue
San Diego, California 92114
262-0759

The San Diego Urban League is a social planning agency dedicated to improving the social and economic conditions of minorities while promoting equal opportunity for all citizens.

PROGRAMS

Advocacy for The Minority Aged

Block Organization

Community Education Committee

Housing Program

Equal Employment Opportunities

Mountain View Park Advisory Committee
4261 Market Street 263-3115

Business Outreach & Development Program
4266 Market Street 263-6123

On-The-Job Training
1710 Euclid Avenue 262-0726

Key Punch Training Program
6251 Imperial Avenue 262-8691

Family Planning for Health
Consumer Health Education and Training
6171 Imperial Avenue 262-0759

VOCATIONAL EVALUATION & ADJUSTMENT CENTER
6181 Imperial Avenue 262-8607

Project Star
3558 National Avenue 239-5161

Neighborhood Youth Corps
1248 Market Street 233-7504

Consumer Affairs
3802 National Avenue 263-6134