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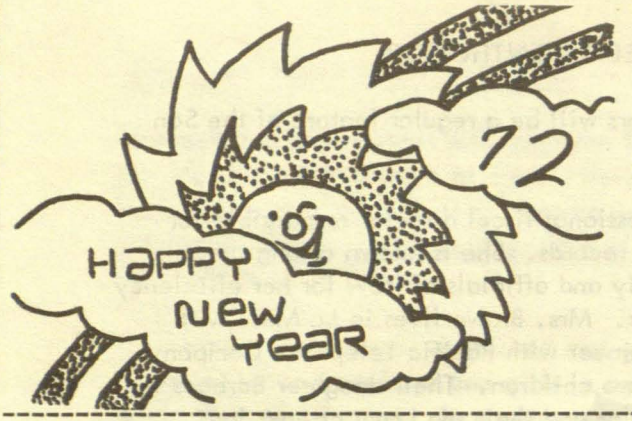


PLANNED PARENTHOOD ASSOCIATION
OF SAN DIEGO COUNTY

January 1972 Editor - Laura R. Vining

FEDERAL FUNDS DOWN ... HOPES HIGH

The goals of Planned Parenthood Association of San Diego County for 1972 are the same as they were for 1971, 1970, 1969...only more so: To continue to provide quality family planning services to this county's low income families.

Funds, yet to be of ficially confirmed but estimated at $130,000 for this year's program will come through two major sources - HEW funds allocated by the County Department of Public Health and through private contributions.

In 1971, Planned Parenthood provided family planning clinic services to more than 2,500 patients for a total of about 5,000 patient visits. It is apparent at this time that while family planning needs continue to rise and with federal funding down, this association is in need of increased private contributions.

During the next 12 months Planned Parenthood will provide direct clinic services to 2,000 persons, mostly teenagers. These services include patient education, medical services, problem pregnancy and voluntary sterilization counseling, referrals and pregnancy testing. A widespread community education program make up the expected increased workload for a reduced number of professional staff members.

Stark reality dictates two essentials if Planned Parenthood is to have another successful year. First, an increased number of volunteers to assist in this exciting work, and secondly, an increase in the number of financial contributions, with a step-up in the amount of each contribution.

As Planned Parenthood enters its eighth year of essential services to this county, accompanied by a wider base of public acceptance and acclaim for its work in family planning and fertility control, it is reasonable to hold high expectations of continued achievements in 1972. We ask you, with your usual good grace and interest, to share in making these expectations a reality.

New Year's Design Couresty Of
Arlic Dromgoole

"TEEN" BIRTH CONTROL CLINIC UNDERWAY

Hello, 1972, it's good to have you here! We have so many hopes and dreams for you -- new ideas, new innovations and new formats. Our first dream is almost a reality. Through a generous gift from the Shepard Foundation, we soon will have a "Teen Clinic" in the same building as our office. It should be ready by February 1st with all systems "Go". Our carpenters were a teacher with several of his "teenage" student carpenters. We invite you to come and see what a beautiful clinic they have built for us. Before it was finished Bill was taken to the hospital for a ten day diagnostic examination. Bill felt sure his students would be able to finish the job. They did! A salute to Bill, you are a fine teacher and to Larry and Bill, you are fine students!

The purpose of the Teen Clinic is to provide an atmosphere in which young people can feel secure, have questions answered factually and to make their own decisions about their own sexuality. We shall attempt to create this atmosphere by providing trained volunteers and staff to rap with patients so that patients have sufficient opportunity for their questions to be answered.

Dolores Reyburn, RN
Clinic Director

WHO'S WHO AT SAN DIEGO PLANNED PARENTHOOD?

Profiles of Planned Parenthood staff members and volunteers will be a regular feature of the San Diego affiliate newsletter.

Evelyn Brown is the professional fiscal director responsible for all financial and patient records. She is known among the Planned Parenthood family and officials of HEW for her efficiency and accuracy of her work. Mrs. Brown lives in La Mesa with her husband Don, an engineer with Pacific Telephone Company. They are the parents of two children. Their daughter Barbara is a family planning counselor and their son Larry attends law school. Before joining the Planned Parenthood staff in 1968, Mrs. Brown served as Ninth District PTA president from 1966 to 1968. Before that she served as district treasurer and first vice-president as well as president of her local and council PTA. She was also long active in Little League and the Girl Scouts.

Marlene Ebert has been a volunteer with the San Diego affiliate for three years. She has a B.S. degree in home economics education from the University of Minnesota. For six years she has organized and taught classes in the Red Cross backyard swim program. Currently she is volunteering 15 hours a week coordinating Planned Parenthood's volunteer activities, she also organizes and teaches backyard swim programs for the Red Cross. Her husband, Robert, is an engineer and computer designer for the Naval Electronics Laboratories. They live in Clairemont with their two children, Mark and Lynn.

PLANNED PARENTHOOD BOARD MEMBERS SERVING AS COMMITTEE CHAIRMEN

Personnel: Robert Hamburger, M.D., Professor of Pediatrics, UCSD, and member of Flying Samaritans, a volunteer medical team serving remote areas of Baja California.

Medical Advisory: John H. Blum, M.D., a specialist in urology and transexual surgery.

By-Laws: William Thwaites, Ph.D., Professor of biology at San Diego State College and past president of Zero Population Growth of San Diego.

Public Relations: Stanford Fellers, Ed.D., past president of San Diego Planned Parenthood and professor of health education, SDSC.

Budget and Finance: Willard Johnson, retired executive director of S.D. Planned Parenthood, president of the United Nations Association of S.D., well-known lecturer on population, world food supply and international development.

Nominating: Frank P. Vining, past treasurer of S.D. Planned Parenthood, Supervisor at Convair General Dynamics.

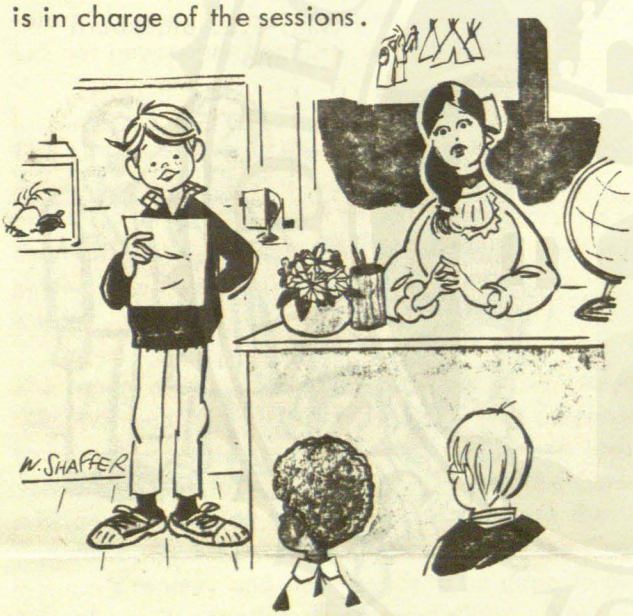
Education: Lois Kessler, professor of health education at S.D. State, nationally known for her pioneering efforts on behalf of the S.D. State Woman's Study Program.

"RAP" SESSIONS AID TEENAGERS

Teenagers with questions and concerns about sex are given the chance to discuss their feelings openly in a special "rap" session program now being offered every Friday night at the main office of PP.

The sessions are loosely structured and geared to the needs of both boys and girls in age group from 12-18 years. In an atmosphere of trust, warmth and acceptance, teenagers feel free to discuss deep personal concerns regarding health problems, boy-girl and parental relationships. Straightforward, honest and factual information is given on human sexuality, contraception, marriage, venereal disease and drugs.

Douglas Simpson, a family planning counselor, is in charge of the sessions.



"'How I Spent My Summer Vacation'—or 'The Sexual Awakening of Stanley Quigley.'"

"TAPPING" THE PLANNED PARENTHOOD CON-CONSUMER

A group of enthusiastic PP patients have formed a new Patient Advisory Council, under the leadership of Carmen Taylor Coordinator of the Planned Parenthood Outreach Program.

The first meeting was spent getting acquainted and discussing innovative ideas on how to improve family planning services in the community and in the clinics. Council members present were: Hazel Robinson, Betty Coats, Wilma Holmes, Juan Lopez, and Vonnie Moss.

FOR MEN ONLY

Planned Parenthood continues to counsel vasectomy patients according to need. Patients who can afford the services of private physicians are given the name of three physicians. Medically indigent patients are assigned to private physicians on a rotating basis. The physician is paid $50.00 by PP through a HEW grant. A concerted effort is made by PP counselors, through the cooperation of private physicians, to serve patients who do not qualify under HEW guidelines and who cannot afford the full fee of private care.

Revised patient forms allow counselors to work on a one-to-one basis including follow-up. The information compiled will give PP a wider knowledge of the immediate after- ffects of vasectomy as well as the patient's views on the quality of the medical and counseling services rendered.

Other work in the field presently under review is the new "temporary vasectomies" and "sperm banks" for men who wish the permanency of a vasectomy with the possibility of having children at a future date.

INFORMATIVE READING

The Adolescent Girl in Conflict
Gisela Konopka, Prentice Hall $1.95

Children in Trouble
Howard James, Pocket Books .95

Teach Us What We Want To Know
R. Byler, G. Lewis, R. Totman, Published by Conn. State Board of Education. (Report of a survey on health interests, concerns and problems of 5,000 students in selected schools from K- 12th grade)

MANDATORY TRAINING SESSIONS

A new series of training sessions for all PP volunteers, office and clinic staff members has been developed by PP staff member, Patty Rosen, R.N. Each series will include a general picture and philosophy of Planned Parenthood, human sexuality, the chart talk on basic reproduction and modern methods of birth control, abortion counseling, telephone interview and counseling techniques.

THREE STEPS FORWARD, TWO STEPS BACK...

During the 1971 Legislative Session in Sacramento, about 30 bills were introduced relating to family planning, sex education, VD and child care. Three important bills signed into law were: Sieroty's Bill providing for new courses in family life education for teachers in the public schools. Behr's Bill permitting drug stores to display condoms if accompanied by material explaining the use of condoms to prevent venereal disease. Beilenson's Welfare Reform Bill requiring that birth control services be offered to current, former and potential welfare recipients between the ages of 15 and 44 regardless of marital status. Services shall not require the consent of anyone other than the person who is to receive them. (Not yet implemented by our Health Department). Included in this bill is a provision that "the parents of a child under 21 shall not be responsible, nor shall financial contribution be requested or required of such parents for health care...to which the child may consent..." Since the pregnant minors signature is required for her abortion, her parents cannot be contacted for financial assistance by the Welfare Department.

TWO BILLS VETOED: Beilenson's Bill to permit minors living at home to obtain birth control services without parental consent. Another bill placing VD education under health instruction rather than under sex education. (The Schmitz Bill is still in effect which requires parental approval of all materials and instruction and consent for child to receive instruction. There are penalties levied against teachers who deviate from text.)

TIMELY TOPICS FOR PARENTS & TEACHERS

Dolores Reyburn, clinic director of the San Diego affiliate, and Sara Moser, director of Abortion Counseling Service of PP, will participate in a course on "Problems of Sex Education in School and Family," sponsored by UCSD. The course, which runs from January 2 through March 6, will assist in preparing teachers, counselors and parents to talk to the very young about human sexuality. Environmental aspects will be discussed by Willard Johnson and Walter Ornstein M.D., of PP.

THE PUBLIC SPEAKS OUT

From Los Angeles Times
Dec. 27, 1971

Wonderful! First the bill to instruct school children about venereal disease defeated, then Gov. Reagan vetoes the bill for unmarried minor girls to obtain contraceptives without parental consent. A teenage girl can become pregnant, obtain VD or have an abortion without parent's consent. Does not an illegitimate baby or VD result in the deterioration of the family unit? Who is the governor trying to impress?

One way to cut the high abortion rate would be to prevent its need in the first place. The lack of proper sex education in our schools is deplorable. Our society has been sticking its head in the sand too long.

Mrs. T.E. Blackburn
Corona

"Don't you think your approach is a little blunt?"

IN CALIFORNIA FOR THE YEAR 1970

	No. of Births to Unmarried Girls	No. of Abortions *In Same Age Group
Under 15	649	760
15-17	9,123	8,425
18-19	10,265	10,654

Source: State Dept. of Public Health
*a few are married

HAS THE AMERICAN BIRTH RATE DROPPED?

TIME, NEWSWEEK, WALL STREET JOURNAL and other newspapers had a field day recently in reporting findings of a study by the Washington (DC) study Center for Metropolitan Studies that the age group 1-5 in the American population was 15% less than in 1960 and that this portends zero population growth in the USA right now. Newspaper headlines shouted "Baby Bust."

Many demographers quickly pointed out that the report was incorrectly interpreted. The drop in the age group 1-5 may be due to thepresence of many men and women in the armed forces and to the recession and unemployment. These factors have caused births to drop on previous occasions. Indeed, latest figures from the Census Department indicate that the birth rate may, in fact, be increasing as it did during much of 1970. The "baby boom" after World War II is still affecting the number of marriages and new homes.

Professor Philip Hauser of the University of Chicago Population Center told the Senate Committee on Human Resources on October 14 that zero population growth cannot come to the USA for another 70 years and that 1969 and 1970 may well be the beginning of a second baby boom reflecting the one after World War II. He believes that the US population will reach 280 to 300 million by the year 2000.

There is still a long way to go to bring births and deaths into balance in the USA. In fact the birth rate of 18 per 1,000 of today must be cut by 50% to match the death rate of 9 per 1,000 persons! Let not newspaper headline writers fool us.

Willard Johnson

THE UNITED STATES POSTAL SERVICE WILL ISSUE A NEW STAMP HONORING FAMILY PLANNING

on March 17 in New York City. Board members of the National Federation of PP have been invited to participate in special ceremonies honoring the event.

The report of the COMMISSION ON POPULATION GROWH and AMERICA'S FUTURE is now scheduled to be delivered to President Nixon on March 16th. John D. Rockerfeller, 3rd, Chairman of the Commission, has agreed to meet informally with the Federation board on March 18, to discuss the Commission's report, and what needs to be done to put into effect its specific recommendations. Your fortunate editor will be present at both events.

LOCAL HOSPITALS DROP PSYCHIATRIC CONSULTATION

Over 95% of all 63,000 abortions in 1970 and 100,000 in 1971 were performed under the "threat to mental health" clause in the California law. Originally most hospitals required a psychiatric consultation, but this was quickly dropped in the LA and San Francisco Bay areas.

Finally, enlightened understanding has come to the San Diego area. In November, Kaiser hospital decided to leave the need for psychiatric evaluation up to the gynecologist. Clairemont General Hospital has dropped the psychiatric requirement as of January 1972.

We commend two hospitals for their courage to be "the first" in our area, and hope that others will follow their example quickly.

Sara Moser, Abortion Counseling

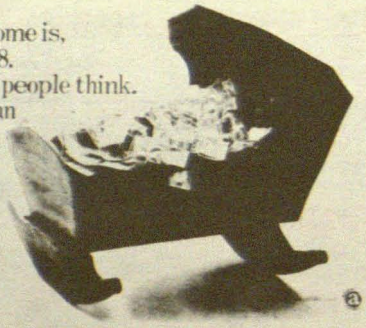
An unexpected child can really rock the cradle.

That's because, no matter what a family's income is, it costs a lot of money to raise a child to age 18.

Many thousands of dollars more than most people think.

Which is why we advise every couple to plan when they want children: when they can be a welcome addition. Not an accidental burden.

Planned Parenthood
Children by choice. Not chance.



One of nine designs sponsored by the National Advertising Council as a public service to the Planned Parenthood Federation of America.

"Joy can be real only if people look upon their life as a service, with a definite object in life outside themselves and their personal happiness." Leo Tolstoy

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of San Diego County

President: Peter R. Frank, Ph.D.
Vice President: Mrs. DeAnne Fisher
Vice-President: Frank Barnett
Treasurer: Charles Seymour
Secretary: Mrs. Pat Detmers
Acting Director Jeanne Droske

WANTED: Volunteer Librarian 4-6 hours each week. Compensation: Satisfaction in doing significant work in cooperation with congenial staff.

WANTED: SPANISH-knowledgeable person to translate family-planning leaflets from English to Spanish. Compensation: Same as above, plus free coffee.

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I (we) want to volunteer: Office____ Clinic____ Speaking____ Other_____

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