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PLANNED PARENTHOOD WORLD POPULATION

PLANNED PARENTHOOD ASSOCIATION
OF SAN DIEGO COUNTY

February 1973 Editor - Laura R. Vining

MEETING LOCAL MEDICAL NEEDS

Appoximately two months ago, San Diego Planned Parenthood, in cooperaton with a group of gynecologists and Hillside hospital, established an abortion program for our community under the auspices of PP Educational and Medical Services. There were several motivations for this: 1. Abortions in San Diego performed by private physicians were extremely expensive. 2. An increasing number of women were going to established abortion facilities in Los Angeles, where the cost was a fraction of the price in San Diego.

The fact that San Diego, the second largest city in California, did not have a quality program for patients with limited means, thus forcing them to seek help elsewhere, was a bitter pill to swallow. It ran counter to the whole philosophy of PP; that women should be given quality care at a reasonable cost in a humane setting. We were determined to develop a program which would not only be within the reach of most patients, but would also meet the high medical standards and humane treatment that is an integral part of our organization.

In the short time the program has existed, its success has been tremendous. The need was greater than we thought. Already we must seek to enlarge our operation to meet the demand. The cooperation between the physician, the hospital and Planned Parenthood has been most gratifying.

At present an average of 60 abortions are performed each week under conditions which more than parallel a similar private procedure. The patient is first counseled by qualified PP staff and receives additional counseling in the physicians office. The same physician performs the operation and necessary follow-up. The cold, sterile, punitive atmosphere which all too often accompanies an abortion is eliminated. Friendly and compassionate PP volunteers are present before and after the procedure to give the patient physcological support. They also discuss contraception to prevent future pregnancies.

The letters and comments that we constantly receive about our program from patients leave no doubt as to its effectiveness and contribution to the community.

Peter R. Frank
President

ABORTION, BIRTH CONTROL REFORMS BACKED IN GALLOP POLL SURVEY

64% Americans supported full liberalization of the abortion laws.
Nearly 9 in 10 supported abortion for reasons other than preservation of life of mother.
73% felt that professional birth control information, services, and counseling should be available to unmarried sexually-active teenagers.
65% of Protestants felt abortion should be decided between woman and doctor.
56% of Catholics agreed with 65% Protestants in (4) above.
73% of Protestants approve of contraceptive counseling and services to sexually-active teenagers, while 68% of Catholics share this view. June, 1972

"She's talking about 'making out'...."

YOU ARE INVITED! The first organizational meeting and luncheon to form a Planned Parenthood auxillary will be held at the Pacific Beach home of Mrs. Jackie Drosch, 2428 Baja Cerro Circle on Wednesday, February 22nd, at 11:00 a.m.

Interested women from the community are cordially invited. From Freeway 5 going North, take Grand/ Garnet Avenue turnoff. Going South take Balboa/ Mission Bay turnoff. Turn on Bluffside at Pacific Drive-In Theatre. Turn right on Pacifica and continue on Pacifica for one mile. Turn left onto Baja Cerro Circle to end of block to house on right of Circle. Please RSVP or call Mrs. Drosch, 274-2428.

As an added bonus, Joyce Davenport, R.N. will talk about her experiences as the first family planning nurse practitioner in PP clinics.

PLANNED PARENTHOOD PHYSICIANS PARTICIPATE IN FAMILY PLANNING COURSE. Six one-week courses in Family Planning for physicians, sponsored by the Physician Education Program of the American College of Obstetricians and Gynecologists, have been offered from January through June, 1973, at the Department of Obstetrics and Gynecology, UCLA.

Dr. Jeffrey Gordon, a past PP Board Memeber and member of PP Medical Advisory Committee and Dr. Bernard J. Cordes, PP Medical Advisory Committee, have been accepted by the program which has enrollment limited to six physicians per course. Dr. Gordon is also active in the Mission Beach Free Clinic. Dr. Cordes was responsible for initiating a full service comprehensive clinic at the Linda Vista Health Care Center.

Dr. Irvin M. Cushner, Dept. of Obstetrics and Gynecology at UCLA School of Medicine, well known for innovative medical service training techiniques for physicians active in family planning, is director of the program.

A PLANNED PARENTHOOD CLERGYMAN'S COUNCIL has been organized by Reverend Gerald M. Hoeman and Sara Moser, PP Board Members. The first organizational meeting was attended by 13 clergymen representing a broad range of religious denominations. Reverend William McIness, a former President of the San Diego County Council of Churches and long-time minister of the College Presbyterian Church is Chairman pro-tem. Membership of the Council will be limited to 20 ministers. Council activities will be supportive of all facets of family planning goals as well as education of sexuality.

PP HIRES HALF-TIME VOLUNTEER DIRECTOR In mid-September the volunteer program acquired a part-time director to coordinate the office volunteers currently numbering 37. In addition 10 graduate and undergraduate student volunteers work under the direction of the Education Director and 32 under the direction of the Problem Pregnancy Director. Two eight-hour orientation sessions were held in the Fall for volunteers and one in January. Volunteers currently translate educational leaflets into Spanish, serve as receptionists and assist the appointment clerk in answering the phone. (PP receives one call per minute), work in the P. P. library, assist in fund-raising efforts as well as type, file, fold, stuff, and so on, ad infinitum.

Planned Parenthood has always had an outstanding record in maintaining volunteers, a fact which attests to the challenging and exciting nature of the work.

SUCCESS BREEDS SUCCESS

The Second Annual Human Sexuality Conference developed by Planned Parenthood staff members and Planned Parenthood volunteers will be held at the First Unitarian Church, March 2nd and 3rd. An attendance of 250 - 300 persons representing the helping professions is expected. Last year's conference received tremendous community support and Planned Parenthood was unable to accomodate all who wished to attend. This year's conference at the larger site will feature nationally prominent authorities.

Speakers on Adolescent Sexuality will be Lorna Sarrel, MSW, co-director, Yale Sex Counseling Services and Philip Sarrel, MD, Ass't Professor, Yale Medical School. Lois Kessler, MA, well known in her field of health education and the woman's study program at San Diego State University, will speak on Female Sexuality. Harvey Caplan, MD, nationally prominent sex therapist and sex educator from San Francisco will address his remarks on Male Sexuality. Aubrey Dent, MD, a psychiatrist from Westside Community Mental Health Clinic in San Francisco will talk on Black Sexuality. Carolyn Jacobs, MSW, Project Director at the S.D. Urban League Family Planning Center, will talk about Black Women.

Carl Rogers, internationally known psychologist and presently Resident Fellow at the Center For The Studies Of The Person, will give the final conference summing up address.

For further details contact Planned Parenthood Association of San Diego County.

IS THE SKY STILL FALLING?

The above is the provocative title of the keynote address to be delivered by Dr. Paul R. Ehrlick, noted author of The Population Bomb, at the Western Region Spring Conference of Planned Parenthood Federation of America at Rickey's Hyatt House in Palo Alto, California. April 4 - 6 is the date. Save it!

FROM THE SPEAKERS BUREAU

A random sampling of Planned Parenthood talks given in the community within the past few months included Children' Hospital orthopedic patients, pregnant teenagers in Sweetwater Continuation High School, Zapotistas Social Club (Chicano boys age 14-18), American Indians from Pala, Juvenile Hall boys (for Probation Dept.), Project Oz (runaways), San Ysidro Teen Post (Half-Way House), Sociology class at Southwestern College, Boys Club of San Diego, University of San Diego Law wives and Navy Parent Participation Group.

Have you seen the new bumper sticker that says:

LOVE CAREFULLY!
PLANNED PARENTHOOD

PLANNED PARENTHOOD CLINIC DIRECTOR RECEIVES NURSE PRACTITIONER TRAINING

Delores Reyburn, R.N., is attending a nurse-practitioner course in family planning at the University of California, San Francisco Medical School. The intensive six-week course has been limited to registered nurses with broad experience in family planning.

At the conclusion of her course, Mrs Reyburn will have been trained to do such procedures as detection of vaginal infections, breast examinations and insertion of intra-uterine devices under the supervision of clinic physicians and alongside Joyce Davenport RN, who completed a similar course as reported in the last issue of the Planned Parenthood newsletter, she will be working in PP clinics.

Mrs Davenport received her nurse-practitioner training in the combined program with USC Medical School and the Southern California Permanente Group. The clinical portion of Mrs Davenport's training was completed at the Southern Permanente Medical Group Centers in Los Angeles as well as under Dr. Myron K. Nobil, Chief of OB - Gyn. Department at Kaiser Hospital in San Diego.

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LEGISLATIVE NEWS

Supreme Court Ruling on Abortion: On January 22nd., the Supreme Court ruled that in the first three months of pregnancy, the decision to perform an abortion and the conditions under which it is performed must be left to the discretion of the patient and her doctor. Once the fetus is medically viable, usually 28 weeks after conception, further restrictions or an absolute prohibition on abortions may be invoked by states except when the preservation of life or the health of the mother is jeop ardized.

The impact of the decision in CA will be minimal. The California supreme court last Nov. had struck down some of the more restrictive elements of the 1967 Therapuetic Abortion Act. The decision will have profound effect in 30 states that now consider abortion a crime except when done to save a mother's life, and in 15 other states where abortions are restrictive. Only in Alaska, Hawaii, New York and Washington, where abortion is largely unrestrictive will there be no impact.

For many, abortions are immoral, but there is nothing in this decision to force the unwilling to submit to the procedure.

"Whenever a woman gets an abortion, we in PP have failed. It shows not only that we must do a better job, but that we must get the public to do the same. As we work to increase family life - sex education in school, church and home, and as we in PP and in the public sector increase the number of clinics and the availability of family planning, we will help more and more men and women to express their sexual responsibly. A woman must have the right to a medically safe abortion at a price she can afford - that is perfectly legal - but in helping her get this, we must be inspired to work that much harder for family planning. This can indeed be our greatest opportunity." Robert Webber, Director, Western Region, PP Federation.

BAVARIAN BASH - OVERWHELMING SUCCESS

The Bavarian Bash held on November 17, 1972, was the first annual fall fund-raising affair sponsored by Planned Parenthood. Mrs Jackie Drosch, Chairman, along with her committee, made this event, not only a most enjoyable and unique evening for all who attended, but a most productive occasion that netted a total of $950.00.

Everyone enjoyed the delicious food of the "Little Bavaria" located in Del Mar and danced to the charming music of a Bavarian orchestra.

A door prize of one free vasectomy was won first by Mr. Willard Johnson, National Chairman of Zero Population Growth, who declined and then by Dr. Jonas Salk, who also declined. In the spirit of the evening, a leading Gynecologist offered a free tubal ligation which was won by Mrs Willard Johnson who graciously declined.

Raffle tickets were sold, the first prize being a round trip to San Francisco for two. Other lovely prizes were also awarded.

Notable guests included Dr.&Mrs. Jonas Salk, Dr. & Mrs. Carl Rogers and Dr. & Mrs S. Chandrasekhar, all of whom autographed copies of their most recent books.

IS PLANNED PARENTHOOD IN YOUR WILL ?

ONE MAN'S FAMILY

At the start of Family Planning week in Iran, the newspaper Ettelaat reported that the nation's oldest man has a total of 360 children, grandchildren and great-grandchildren.

The newspaper published a photo of the 130 year-old farmer, Mennat Ali, with his youngest wife, age 22, his youngest son, age 5, and his oldest wife, age 60. Ali still works on his farm, the paper said.

Unwanted and unplanned pregnancies account for half of all the U.S. births of recent years.

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NEW FAMILY PLANNING PUBLICATION

Family Planning Digest is an excellent new publication of the National Center for Family Planning Services. Published bimonthly, it contains a wealth of informative material, presented in concise, well-written articles.

Available free upon request to:

Family Planning Digest, National Center for Family Planning Services, Health Services and Mental Health Administration, Dept. of Health, Education and Welfare, 5600 Fishers Lane, Rm. 12A-33, Rockville, Maryland 20852.

Volunteer with strong arm, warm heart, needed to paint and lay carpet at PP 43rd Street Clinic.

Stay-at-home volunteer willing to address envelopes. Call Marlene 276-9740

PRESIDENT - - - - - - - Peter Frank Ph.D.

EXECUTIVE DIRECTOR--- Jeanne Droske

PLANNED PARENTHOOD ASSN OF SAN DIEGO COUNTY
1172 Morena Boulevard
San Diego, California 92110
276-9740

Affiliated with Planned Parenthood Federation of America and the International Planned Parenthood Federation

I (we) want to join you in your program of family planning and make a contribution of $_____.

I (we) want to volunteer: Office ____ Clinic ____ Speaking ____ Other _____

NAME _____ DATE _____

ADDRESS _____ CITY _____

STATE _____

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