Ems-0087.009. 0118 .008

PLANNED PARENTHOOD
WORLD POPULATION

PLANNED PARENTHOOD ASSOCIATION
OF SAN DIEGO COUNTY

May, 1972 Editor - Laura R. Vining

LEGISLATOR TO ADDRESS ANNUAL MEMBERSHIP LUNCHEON

State Senator Anthony C. Beilenson, author of legislation on therapeutic abortion, pesticide control and dissemination of birth control information, will address the annual luncheon meeting of the Planned Parenthood Association of San Diego County, Inc. on Friday, May 19th.

The luncheon, celebrating the organization's ninth anniversary, will be held at the Master Hosts Inns, 950 Hotel Circle North, beginning at noon.

Senator Beilenson, who is chairman of the Senate Committee on Health and Welfare, has authored important legislation dealing with the quality of life in California: The Therapeutic Abortion Act in 1967; Pesticide Control Act of 1969; noise pollution legislation, legalization of the dissemination of birth control information; creation of continuation classes and opportunity schools for high school dropouts, and the Welfare Reform Act of 1971 which will expand child care centers for low-income mothers.

Thus far this year, Senator Beilenson has authored seven bills relating to population problems ranging from the coverage of abortion by private health insurance, distribution of birth control information by hospitals and broader distribution of prophylactics, to the prohibition of the sale of self-administered pregnancy testing. Senator Beilenson will discuss the progress of these bills and explore the opportunities for the public concerned with overpopulation and the quality of life.

* * * * * * * * * *

WORTH THEIR WEIGHT IN GOLD

Last year Planned Parenthood volunteers gave thousands of hours working in all facets of the program -- worth $28,000 in matching funds under the O.E.O. government contract.

Dear Friends of Planned Parenthood:

As the end of another year approaches we look at the achievements of our organization in the last few months with considerable pride and satisfaction. We emerged from a period of turmoil and frustration not without dispair but with renewed vitality and determination.

We set ourselves those goals which were based upon real community needs rather than those which would have reflected the vicarious nature of our affiliatiate at that time -- thus remaining true to the courageous and pioneering spirit which has always exemplified Planned Parenthood.

Our emphasis and efforts are primarily directed toward the young whose increased sexual activity and attendant needs have been primarily ignored. Our teen clinics are full and are being expanded with greater emphasis being placed on education as a preventive tool.

Underlying our educational program is the concept of "understanding human sexuality," a theme presented at our recent conference for members of the helping professions in the community. The huge success of the conference and the enthusiastic priase it received makes us confident we are on the right track.

Our outreach program which has always been a mainstay of our community education is being emphasized and we are pleased to be giving assistance with this program to other agencies such as the Public Health Department.

Recently we were instrumental in forming a Family Planning Council which consists of all agencies involved in this activity. The articulation and cooperation which will result from this will undoubtedly be of benefit to all agency participants and more importantly to those needing family planning services in San Diego County.

The effort in education not only encompasses the young but every element of the community. We are at all times ready to assist other agencies in upgrading their educational programs. We have recently hired an educational director to handle these activities on a full time basis. Family planning, we feel, is not only the obligation of the woman but also the man. In keeping with this theme, we are expanding our services to include a vasectomy clinic. The educational awareness program which has accompanied this has been implemented with encouraging results.

Needless to say, our expanding programs are very expensive and money is a serious problem. Every effort is being made to solicit financial support from the community.

Without underestimating our problems now and in the future, we look forward to a stronger, more vital and more productive Planned Parenthood this year than ever before.

Peter R. Frank M.D.

PLANNED PARENTHOOD TO OPEN VASECTOMY CLINIC MAY 8

The need for a low cost vasectomy clinic has become increasingly apparent. In the past, men who have been unable to afford a vasectomy have been referred to physicians in the community who have generously performed the surgery at little or no cost. This rising number of low-income applicants for surgery have necessitated the operation of a clinic at Planned Parenthood. Men who can afford the services of a private physician will be referred to physicians in private practice.

HUMAN SEXUALITY CONFERENCE: A COMMUNITY FIRST

Planned Parenthood's efforts as a leading force for social change was dramatized by the overwhelming sucess of a thoughfully planned conference for persons in the "helping" professions having problems dealing with human sexuality as they encountered it in their efforts to aid others.

Conference speakers, nationally eminent in their field, addressed their remarks to developing tolerant attitudes toward sexual behavior, stressing that sexuality be understood as a part of a total life adjustment. The conference format included group discussion and audience participation. Participants come from all parts of the state and more persons wished to register than could be accommodated.

The high quality of the conference drew praise from officials of the ninth District of Health, Education and Welfare. The Los Angeles Regional Family Planning Council has requested PP to develop a similar seminar for the agencies that comprise the Council.

The Council was the "brainchild" of Delores Reyburn, R.N., PP Clinic Director, and Lois Kessler, R.N., health educator and member of the PP Board.

WELCOME JUDITH NIELSEN !!

Judith Nielsen, a graduate of University of Washington, with five years experience in education and social work, is the new Education Director of PP. We will now be able to meet the increasing number of requests from the helping professional agencies within the community. Ms. Nielsen is bilingual.

POPULATION, POLITICS AND THE MEDIA -- the theme of the Western Region Conference of PP

The conference, recently held in Pasadena, was attended by 11 volunteers and staff members (some of whom participated) of the San Diego affiliate. One of the conference speakers, Mrs. Otis Chandler, wife of the publisher of the LA Times, identified herself as "a Catholic, and I have five children" and added, "I am the lastest champion of zero population growth, sex education in the schools, more funds for research on contraceptive technology, more childless marriages, therapeutic abortions, family planning and contraception for teen-agers." She said she was enlightened while serving on the Commission on Population Growth and the American Future, a panel of twenty-four citizens appointed by President Nixon who studied population for two years and held hearings in several cities. More than 100 studies went into the commission report at a cost of one million dollars.

A READING MUST: Population and the American Future (Signet Publishing Co. $1.75)

The report of the Commission on Population Growth and the American Future is the most definitive investigation ever made into the problems of population growth and the consideration of the legal and moral complexities they poise. The majority of the commission members recommend:

ABORTION: Women should be free to control their own fertility. State laws prohibiting abortion should be liberilized; federal, state, and local funds be made available to support abortion services; and abortion costs be covered by health insurance.

CONTRACEPTION: States should actively encourage teen-agers to receive contraceptive services. Responsible sex education should be widely available to all.

VOLUNTARY STERILIZATION: Hospitals should actively relax their policies concerning sterilization and make it easier to obtain.

"Americans are a metropolitan people. Most families live in metropolitan areas. Most deaths and births occur in them. But the tradition and nostalgia are farm and small town." From the Commission report.

TIME TO SPEAK OUT !

Right-to-life organizations, a nation-wide network of groups opposed to legalized abortions, have mobilized their supporters and are inundating the White House with telegrams protesting the Commission recommendations. If you are concerned with the future of man and the quality of life, send a night letter or postal card to President Nixon commending the Commission's report and urging action on the recommendations.

HAVE PROJECTOR -- NEED FILMS

"A Three Letter Word for Luv" -- An exceptional starter for group discussion. $300.

"Looking For Me" -- A film demonstrating how 'body language' can be beneficial to normal people in an overly intellectualized society. $175. A must for PP's expanding role in community education.

We also need films on venereal disease and abortion as well as dark curtains for the conference room.

PLANNED PARENTHOOD ASSOCIATION OF SAN DIEGO COUNTY
1172 Morena Boulevard
San Diego, California 92110

Non-Profit Org.
U.S. Postage
PAID
San Diego, Calif.
Permit 523

cork the stork

PLANNED PARENTHOOD ASSOCIATION OF SAN DIEGO COUNTY
1172 Morena Boulevard
San Diego, California 92110

Affiliated with Planned Parenthood? World Population and the International Planned Parenthood Federation

I (we) want to join you in your program of family planning and make a contribution of $_____. I want all this used in San Diego County_____ or, 80% in San Diego County and 20% nationally and internationally_____.

I (we) want to volunteer: Office____ Clinic____ Speaking____ Other_____

NAME_____ DATE_____

ADDRESS_____ CITY_____ STATE_____

CONTRIBUTIONS ARE TAX DEDUCTIBLE ZIP_____