Calculus for the Life Sciences II Lecture Notes – Trigonometric Functions

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Outline

- Introduction
 - Annual Temperature Cycles
 - San Diego and Chicago
 - Trigonometric Functions
 - Basic Trig Functions
 - Radian Measure
 - Sine and Cosine
 - Properties of Sine and Cosine
 - Identities
- Trigonometric Models
 - Vertical Shift and Amplitude
 - Frequency and Period
 - Phase Shift.
 - Examples
 - Phase Shift of Half a Period
 - Equivalent Sine and Cosine Models
 - Return to Annual Temperature Variation
 - Other Examples



Introduction — Trigonometric Functions

• Many phenomena in biology appear in cycles



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- Natural physical cycles





Introduction — Trigonometric Functions

- Many phenomena in biology appear in cycles
- Natural physical cycles
 - Daily cycle of light
 - Annual cycle of the seasons





Introduction — Trigonometric Functions

- Many phenomena in biology appear in cycles
- Natural physical cycles
 - Daily cycle of light
 - Annual cycle of the seasons
- Oscillations are often modeled using trigonometric functions



Annual Temperature Cycles

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• Weather reports give the average temperature for a day



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- Long term averages help researchers predict effects of global warming over the background noise of annual variation

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Annual Temperature Cycles

- Weather reports give the average temperature for a day
- Long term averages help researchers predict effects of global warming over the background noise of annual variation
- There are seasonal differences in the average daily temperature
 - Higher averages in the summer
 - Lower averages in the winter



Modeling Annual Temperature Cycles

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• What mathematical tools can help predict the annual temperature cycles?



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- Polynomials and exponentials do not exhibit the periodic behavior



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- What mathematical tools can help predict the annual temperature cycles?
- Polynomials and exponentials do not exhibit the periodic behavior
- Trigonometric functions exhibit periodicity



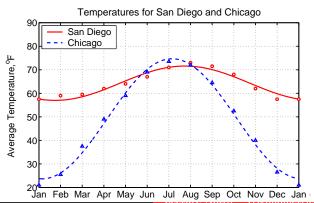
Table of the monthly average high and low temperatures for San Diego and Chicago

Month	Jan	Feb	Mar	Apr	May	Jun
San Diego	66/49	67/51	66/53	68/56	69/59	72/62
Chicago	29/13	34/17	46/29	59/39	70/48	80/58
Month	Jul	Aug	Sep	Oct	Nov	Dec
Month San Diego	Jul 76/66	Aug 78/68	Sep 77/66	Oct 75/61	Nov 70/54	Dec 66/49

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Graph of Temperature for San Diego and Chicago with best fitting **trigonometric functions**





Models of Annual Temperature Cycles for San Diego and Chicago

• The two graphs have similarities and differences



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 - Overall average temperature for San Diego is greater than the average for Chicago



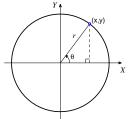
Models of Annual Temperature Cycles for San Diego and Chicago

- The two graphs have similarities and differences
 - Same seasonal period as expected
 - Seasonal variation or amplitude of oscillation for Chicago is much greater than San Diego
 - Overall average temperature for San Diego is greater than the average for Chicago
- Overlying models use **cosine functions**





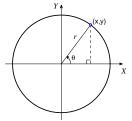
Trigonometric Functions are often called circular functions





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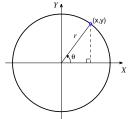
• Let (x, y) be a point on a circle of radius r centered at the origin





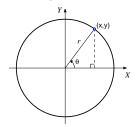
Trigonometric Functions are often called circular functions

- Let (x,y) be a point on a circle of radius r centered at the origin
- Define the angle θ between the ray connecting the point to the origin and the x-axis



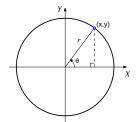


Trig Functions - 6 basic Trigonometric functions



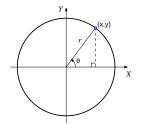


Trig Functions – 6 basic Trigonometric functions



$$\sin(\theta) = \frac{y}{r}$$
 $\cos(\theta) = \frac{x}{r}$ $\tan(\theta) = \frac{y}{x}$

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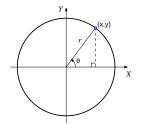


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$$\csc(\theta) = \frac{r}{y}$$
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We will concentrate almost exclusively on the sine and cosine



Basic Trig Functions
Radian Measure
Sine and Cosine
Properties of Sine and Cosine
Identities

Radian Measure

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 - 90° and 180° angles convert to $\frac{\pi}{2}$ and π radians
- Conversions

$$1^{\circ} = \frac{\pi}{180} = 0.01745 \text{ radians}$$
 or $1 \text{ radian} = \frac{180^{\circ}}{\pi} = 57.296^{\circ}$

Sine and Cosine

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Sine and Cosine: The unit circle has r = 1, so the trig functions sine and cosine satisfy

$$\cos(\theta) = x$$
 and $\sin(\theta) = y$

• The formula for cosine (cos) gives the x value of the angle, θ , (measured in radians)



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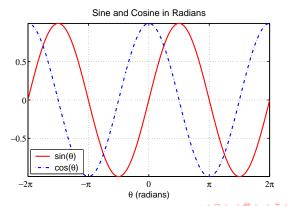
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- The formula for cosine (cos) gives the x value of the angle, θ , (measured in radians)
- The formula for sine (sin) gives the y value of the angle, θ
- The tangent function (tan) gives the slope of the line (y/x)



Graph of $sin(\theta)$ and $cos(\theta)$ for angles $\theta \in [-2\pi, 2\pi]$





Sine and Cosine - Periodicity and Bounded

• Notice the 2π periodicity or the functions repeat the same pattern every 2π radians



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 - This is clear from the circle because every time you go 2π radians around the circle, you return to the same point



Sine and Cosine - Periodicity and Bounded

- Notice the 2π **periodicity** or the functions repeat the same pattern every 2π radians
 - This is clear from the circle because every time you go 2π radians around the circle, you return to the same point
- Note that both the sine and cosine functions are bounded between −1 and 1



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Sine and Cosine



Sine - Maximum and Minimum

• The sine function has its maximum value at $\frac{\pi}{2}$ with $\sin(\pi/2) = 1$



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Cosine - Maximum and Minimum

• The cosine function has its maximum value at 0 with cos(0) = 1



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- The cosine function has its maximum value at 0 with $\cos(0) = 1$
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- By periodicity, $\cos(x) = 1$ for $x = 2n\pi$ for any integer n
- The cosine function has its minimum value at π with $\cos(\pi) = -1$
- By periodicity, $\cos(x) = -1$ for $x = (2n+1)\pi$ for any integer n



6

Table of Some Important Values of Trig Functions

\boldsymbol{x}	$\sin(x)$	$\cos(x)$
0	0	1
$\frac{\pi}{6}$	$\frac{1}{2}$	$\frac{\sqrt{3}}{2}$
$ \begin{array}{c c} \frac{\pi}{6} \\ \hline \frac{\pi}{4} \\ \hline \frac{\pi}{3} \\ \hline \frac{\pi}{2} \end{array} $	$ \frac{\frac{1}{2}}{\frac{\sqrt{2}}{2}} $ $ \frac{\sqrt{3}}{2}$	$ \frac{\frac{\sqrt{3}}{2}}{\frac{\sqrt{2}}{2}} $ $ \frac{1}{2}$
$\frac{\pi}{3}$	$\frac{\sqrt{3}}{2}$	$\frac{1}{2}$
$\frac{\pi}{2}$	1	0
π	0	-1
$\frac{\pi}{3\pi}$ 2π	-1	0
2π	0	1

Properties of Cosine

• Periodic with **period** 2π



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- Cosine is an **even** function



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- By periodicity, other **minima** at $x_n = (2n+1)\pi$ with $\cos(x_n) = -1$ (n any integer)
- **Zeroes of cosine** separated by π with $\cos(x_n) = 0$ when $x_n = \frac{\pi}{2} + n\pi$ (n any integer)



Properties of Sine

• Periodic with **period** 2π



- Periodic with **period** 2π
- Sine is an **odd** function



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- By periodicity, other **minima** at $x_n = \frac{3\pi}{2} + 2n\pi$ with $\sin(x_n) = -1$ (*n* any integer)
- Zeroes of sine separated by π with $\sin(x_n) = 0$ when $x_n = n\pi$ (n any integer)



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Some Identities for Sine and Cosine

Some Identities for Cosine and Sine





Some Identities for Sine and Cosine

Some Identities for Cosine and Sine

• $\cos^2(x) + \sin^2(x) = 1$ for all values of x



Some Identities for Sine and Cosine

Some Identities for Cosine and Sine

- $\cos^2(x) + \sin^2(x) = 1$ for all values of x
- Adding and Subtracting angles for cosine

$$\cos(x+y) = \cos(x)\cos(y) - \sin(x)\sin(y)$$

$$\cos(x - y) = \cos(x)\cos(y) + \sin(x)\sin(y)$$

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Example of Shifts for Sine and Cosine:

Use the trigonometric identities to show



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Example of Shifts for Sine and Cosine:

Use the trigonometric identities to show

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The first example shows the cosine is the same as the sine function shifted to the left by $\frac{\pi}{2}$



Example of Shifts for Sine and Cosine:

Use the trigonometric identities to show

- $\bullet \sin(x) = \cos\left(x \frac{\pi}{2}\right)$

The first example shows the cosine is the same as the sine function shifted to the left by $\frac{\pi}{2}$

The second example shows the sine is the same as the cosine function shifted to the right by $\frac{\pi}{2}$



Solution: We begin by using the additive identity for sine



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$$\sin\left(x + \frac{\pi}{2}\right) = \sin(x)\cos\left(\frac{\pi}{2}\right) + \cos(x)\sin\left(\frac{\pi}{2}\right)$$

Solution: We begin by using the additive identity for sine

$$\sin\left(x + \frac{\pi}{2}\right) = \sin(x)\cos\left(\frac{\pi}{2}\right) + \cos(x)\sin\left(\frac{\pi}{2}\right)$$

Since $\cos\left(\frac{\pi}{2}\right) = 0$ and $\sin\left(\frac{\pi}{2}\right) = 1$,

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Since $\cos\left(\frac{\pi}{2}\right) = 0$ and $\sin\left(\frac{\pi}{2}\right) = 1$,

$$\sin\left(x + \frac{\pi}{2}\right) = \cos(x)$$



Solution (cont): Similarly from the additive identity for cosine



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$$\cos\left(x - \frac{\pi}{2}\right) = \cos(x)\cos\left(\frac{\pi}{2}\right) + \sin(x)\sin\left(\frac{\pi}{2}\right)$$

Solution (cont): Similarly from the additive identity for cosine

$$\cos\left(x - \frac{\pi}{2}\right) = \cos(x)\cos\left(\frac{\pi}{2}\right) + \sin(x)\sin\left(\frac{\pi}{2}\right)$$

Again
$$\cos\left(\frac{\pi}{2}\right) = 0$$
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Solution (cont): Similarly from the additive identity for cosine

$$\cos\left(x - \frac{\pi}{2}\right) = \cos(x)\cos\left(\frac{\pi}{2}\right) + \sin(x)\sin\left(\frac{\pi}{2}\right)$$

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$$\cos\left(x - \frac{\pi}{2}\right) = \sin(x)$$



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Trigonometric Models

Trigonometric Models are appropriate when data follows a simple oscillatory behavior





Trigonometric Models

Trigonometric Models are appropriate when data follows a simple oscillatory behavior

The Cosine Model

$$y(t) = A + B \cos(\omega(t - \phi))$$



Trigonometric Models

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The Cosine Model

$$y(t) = A + B \cos(\omega(t - \phi))$$

The Sine Model

$$y(t) = A + B \sin(\omega(t - \phi))$$



Trigonometric Models

Trigonometric Models are appropriate when data follows a simple oscillatory behavior

The Cosine Model

$$y(t) = A + B \cos(\omega(t - \phi))$$

The Sine Model

$$y(t) = A + B \sin(\omega(t - \phi))$$

Each model has Four Parameters



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Vertical Shift and Amplitude

Trigonometric Model Parameters: For the cosine model

$$y(t) = A + B \cos(\omega(t - \phi))$$



Vertical Shift and Amplitude

Trigonometric Model Parameters: For the cosine model

$$y(t) = A + B \cos(\omega(t - \phi))$$

• The model parameter A is the **vertical shift**, which is associated with the average height of the model



Vertical Shift and Amplitude

Trigonometric Model Parameters: For the cosine model

$$y(t) = A + B \cos(\omega(t - \phi))$$

- The model parameter A is the **vertical shift**, which is associated with the average height of the model
- The model parameter B gives the **amplitude**, which measures the distance from the average, A, to the maximum (or minimum) of the model



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There are similar parameters for the sine model



Frequency and Period

Trigonometric Model Parameters: For the cosine model

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Frequency and Period

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Frequency and Period

Trigonometric Model Parameters: For the cosine model

$$y(t) = A + B \cos(\omega(t - \phi))$$

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- The **period** is given by $T = \frac{2\pi}{\omega}$



Frequency and Period

Trigonometric Model Parameters: For the cosine model

$$y(t) = A + B \cos(\omega(t - \phi))$$

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There are similar parameters for the sine model





Phase Shift

Trigonometric Model Parameters: For the cosine model

$$y(t) = A + B \cos(\omega(t - \phi))$$



Phase Shift

Trigonometric Model Parameters: For the cosine model

$$y(t) = A + B \cos(\omega(t - \phi))$$

• The model parameter ϕ is the **phase shift**, which shifts our models to the left or right



Phase Shift

Trigonometric Model Parameters: For the cosine model

$$y(t) = A + B \cos(\omega(t - \phi))$$

- The model parameter ϕ is the **phase shift**, which shifts our models to the left or right
- This gives a **horizontal shift** of ϕ units





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$$\phi_1 = \phi + nT = \phi + \frac{2n\pi}{\omega},$$
 n an integer

is a **phase shift** for an equivalent model



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Model Parameters

Trigonometric Model Parameters: For the cosine and sine models

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 \bullet The vertical shift parameter A is unique



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Vertical Shift and Amplitude
Frequency and Period
Phase Shift
Examples
Phase Shift of Half a Period
Equivalent Sine and Cosine Models
Return to Annual Temperature Variation
Other Examples

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- By periodicity, **phase shift** has infinitely many choices
- One often selects the **unique principle phase shift** satisfying $0 < \phi < T$



Example 1: Consider the model

$$y(x) = 4\sin(2x)$$

Skip Example



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• Find the period and amplitude



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- Find the period and amplitude
- Determine all maxima and minima for $x \in [-2\pi, 2\pi]$



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Example: Period and Amplitude

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Example: Period and Amplitude

Solution: For

$$y(x) = 4\sin(2x)$$

The amplitude is 4, so solution oscillates between −4 and



$$y(x) = 4\sin(2x)$$

- The amplitude is 4, so solution oscillates between −4 and
- The **frequency** is 2



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 so $T = \pi$



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Alternately,

$$T = \frac{2\pi}{\omega} = \frac{2\pi}{2} = \pi$$



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Example: Period and Amplitude

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Solution (cont): For

$$y(x) = 4\sin(2x)$$

• The model begins at 0 when x = 0 and completes period at $x = \pi$



$$y(x) = 4\sin(2x)$$

- The model begins at 0 when x = 0 and completes period at $x = \pi$
- Achieves a maximum of 4 when the argument $2x = \frac{\pi}{2}$ or $x = \frac{\pi}{4}$



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Solution (cont): For

$$y(x) = 4\sin(2x)$$

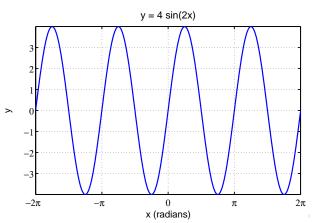
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(31/67)

• Sine is an odd function



Graph for





Example 2: Consider the model

$$y(x) = 3\sin(2x) - 2$$

Skip Example



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Solution: For

$$y(x) = 3\sin(2x) - 2$$

• The vertical shift is -2



Example: Sine Function

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To **graph** a sine or cosine model, divide the period into 4 even parts



To **graph** a sine or cosine model, divide the period into 4 even parts

For this example, take $x = 0, \frac{\pi}{4}, \frac{\pi}{2}, \frac{3\pi}{4}, \pi$



To **graph** a sine or cosine model, divide the period into 4 even parts

$$y(0) = 3\sin(2(0)) - 2 = 3\sin(0) - 2 = -2,$$



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Example: Sine Function

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To graph a sine or cosine model, divide the period into 4 even parts

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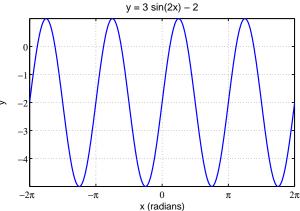
(36/67)



Frequency and Period Examples Phase Shift of Half a Period Other Examples

Example: Sine Function

Graph for





Example: Vertical Shift with Cosine Function

Example 3: Consider the model

$$y(x) = 3 - 2\cos(3x)$$



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Skip Example

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Example: Vertical Shift with Cosine Function

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Example: Vertical Shift with Cosine Function

Solution: For

$$y(x) = 3 - 2\cos(3x)$$

• The vertical shift is 3



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- The **amplitude** is 2 (noting that there is a negative sign), so solution oscillates between 1 and 5





6

Example: Vertical Shift with Cosine Function

$$y(x) = 3 - 2\cos(3x)$$

- The vertical shift is 3
- The amplitude is 2 (noting that there is a negative sign), so solution oscillates between 1 and 5
- The **frequency** is 3



2

Example: Vertical Shift with Cosine Function

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- The period, T, satisfies

$$T = \frac{2\pi}{\omega} = \frac{2\pi}{3}$$



Example: Vertical Shift with Cosine Function

$$y(x) = 3 - 2\cos(3x)$$



Solution (cont): For

$$y(x) = 3 - 2\cos(3x)$$

• The model achieves a minimum of 1 when the argument 3x = 0 or x = 0



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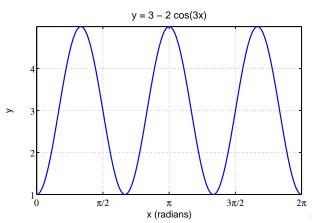


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- By periodicity, the maxima in the domain are $x = \frac{\pi}{3}, \pi$, and $\frac{5\pi}{3}$
- Note that this is an **even function**



Graph for





By inserting a **phase shift** of half a period, the constant for the **amplitude** becomes positive

$$y(x) = 3 + 2\cos\left(3\left(x - \frac{\pi}{3}\right)\right).$$



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Show this by employing the angle subtraction identity for the cosine function

$$y(x) = 3 + 2\cos(3(x - \frac{\pi}{3})),$$

= 3 + 2\cos(3x - \pi),
= 3 + 2(\cos(3x)\cos(\pi) + \sin(3x)\sin(\pi)),

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= 3 - 2\cos(3x),

since $\cos(\pi) = -1$ and $\sin(\pi) = 0$



Phase Shift in Models

Phase Shift of Half a Period

A phase shift of half a period creates an equivalent sine or cosine model with the sign of the amplitude reversed



Phase Shift in Models

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Models Matching Data

 Phase shifts are important matching data in periodic models



Phase Shift in Models

Phase Shift of Half a Period

A phase shift of half a period creates an equivalent sine or cosine model with the sign of the amplitude reversed

Models Matching Data

- Phase shifts are important matching data in periodic models
- The **cosine model** is easiest to match, since the maximum of the cosine function occurs when the argument is zero



Example: Cosine Model with Phase Shift

Example 3: Consider the model

$$y(x) = 4 + 6\cos\left(\frac{1}{2}(x-\pi)\right), \qquad x \in [-4\pi, 4\pi]$$



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Skip Example

• Find the vertical shift, amplitude, period, and phase shift





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$$y(x) = 4 + 6\cos\left(\frac{1}{2}(x-\pi)\right), \qquad x \in [-4\pi, 4\pi]$$

- Find the vertical shift, amplitude, period, and phase shift
- Determine all maxima and minima for $x \in [0, 2\pi]$



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- Sketch a graph



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- Find the vertical shift, amplitude, period, and phase shift
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- Sketch a graph
- Find the equivalent sine model



Example: Cosine Model with Phase Shift

Solution: Rewrite the model

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- The **amplitude** is B = 6, so y(x) oscillates between -2 and 10





2

Example: Cosine Model with Phase Shift

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• The phase shift is $\phi = \pi$, which means the cosine model is shifted horizontally $x = \pi$ units to the right



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- The phase shift is $\phi = \pi$, which means the cosine model is shifted horizontally $x = \pi$ units to the right
- Since cosine has a maximum with argument zero, a maximum will occur at $x=\pi$



Solution (cont): For graphing,

$$y(x) = 4 + 6\cos\left(\frac{1}{2}(x - \pi)\right)$$

$$y(\pi) = 4 + 6\cos\left(\frac{1}{2}(\pi - \pi)\right) = 4 + 6\cos(0) = 4 + 6(1) = 10,$$



Solution (cont): For graphing,

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Solution (cont): For graphing,

$$y(x) = 4 + 6\cos\left(\frac{1}{2}(x - \pi)\right)$$

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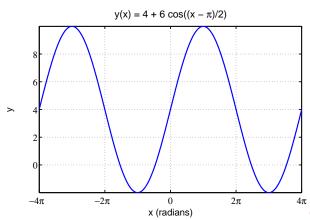
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Graph for





Solution (cont): The appropriate sine model has the same vertical shift, A, amplitude, B, and frequency, ω ,

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Recall the cosine function is horizontally shifted to the left of the sine function by $\frac{\pi}{2}$

$$\cos\left(\frac{1}{2}(x-\pi)\right) = \sin\left(\frac{1}{2}(x-\pi) + \frac{\pi}{2}\right) = \sin\left(\frac{1}{2}(x-\phi)\right)$$



Solution (cont): The appropriate sine model has the same vertical shift, A, amplitude, B, and frequency, ω ,

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$$\cos\left(\frac{1}{2}(x-\pi)\right) = \sin\left(\frac{1}{2}(x-\pi) + \frac{\pi}{2}\right) = \sin\left(\frac{1}{2}(x-\phi)\right)$$

It follows that we want

$$-\frac{\pi}{2} + \frac{\pi}{2} = -\frac{\phi}{2}$$

or $\phi = 0$



Example: Cosine Model with Phase Shift

Solution (cont): The equivalent sine model is

$$y(x) = 4 + 6\sin\left(\frac{x}{2}\right)$$



Solution (cont): The equivalent sine model is

$$y(x) = 4 + 6\sin\left(\frac{x}{2}\right)$$

Thus, the original phase-shifted cosine model

$$y(x) = 4 + 6\cos\left(\frac{1}{2}(x - \pi)\right)$$

is the same as an unshifted sine model



Equivalent Sine and Cosine Models

Phase Shift for Equivalent Sine and Cosine Models

Suppose that the sine and cosine models are equivalent, so

$$\sin(\omega(x-\phi_1)) = \cos(\omega(x-\phi_2)).$$

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The relationship between the **phase shifts**, ϕ_1 and ϕ_2 satisfies:

$$\phi_1 = \phi_2 - \frac{\pi}{2\omega}.$$

Note: Remember that the phase shift is not unique. It can vary by integer multiples of the period, $T = \frac{2\pi}{\omega_{\parallel}}$



Return to Annual Temperature Model

Annual Temperature Model: Started section with data and graphs of average monthly temperatures for Chicago and San Diego





Annual Temperature Model: Started section with data and graphs of average monthly temperatures for Chicago and San Diego

• Fit data to cosine model for temperature, T,

$$T(m) = A + B\cos(\omega(m - \phi))$$

where m is in months



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- The frequency, ω , is constrained by a period of 12 months
- It follows that

$$12\omega = 2\pi$$
 or $\omega = \frac{\pi}{6} = 0.5236$



$$T(m) = A + B\cos(\omega(m - \phi))$$





Annual Temperature Model:

$$T(m) = A + B\cos(\omega(m - \phi))$$

• Choose A to be the average annual temperature



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- Choose A to be the average annual temperature
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 - Average for Chicago is A = 49.17



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$$T(m) = A + B\cos(\omega(m - \phi))$$

- Choose A to be the average annual temperature
 - Average for San Diego is A = 64.29
 - Average for Chicago is A = 49.17
- Perform least squares best fit to data for B and ϕ
 - For San Diego, obtain B = 7.29 and $\phi = 6.74$
 - For Chicago, obtain B=25.51 and $\phi=6.15$



Annual Temperature Model for San Diego:

$$T(m) = 64.29 + 7.29\cos(0.5236(m - 6.74))$$

Annual Temperature Model for Chicago:

$$T(m) = 49.17 + 25.51\cos(0.5236(m - 6.15))$$



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• The **amplitude** of models



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- The **amplitude** of models
 - Temperature in San Diego only varies ± 7.29 °F, giving it a "Mediterranean" climate
 - Temperature in Chicago varies ±25.51°F, indicating cold winters and hot summers



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• The phase shift for the models



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- The **phase shift** for the models
 - For San Diego, the phase shift of $\phi=6.74$, so the maximum temperature occurs at 6.74 months (late July)
 - For Chicago, the phase shift of $\phi=6.15$, so the maximum temperature occurs at 6.15 months (early July)



Convert Cosine Model to Sine Model:

$$T(m) = A + B\sin(\omega(m - \phi_2))$$



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- For San Diego, $\phi_2 = 3.74$
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Vertical Shift and Amplitude
Frequency and Period
Phase Shift
Examples
Phase Shift of Half a Period
Equivalent Sine and Cosine Models
Return to Annual Temperature Variation
Other Examples

Population Model with Phase Shift

Population Model: Suppose population data show a 10 year periodic behavior with a maximum population of 26 (thousand) at t = 2 and a minimum population of 14 (thousand) at t = 7





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• Find the constants A, B, ω , and ϕ with B > 0, $\omega > 0$, and $\phi \in [0, 10)$



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(56/67)

Vertical Shift and Amplitude
Frequency and Period
Phase Shift
Examples
Phase Shift of Half a Period
Equivalent Sine and Cosine Models
Return to Annual Temperature Variation
Other Examples

Population Model with Phase Shift

Solution: Compute the various parameters



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• The vertical shift satisfies

$$A = \frac{26 + 14}{2} = 20$$



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• The amplitude satisfies

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• Since the **period** is T = 10 years, the **frequency**, ω , satisfies

$$\omega = \frac{2\pi}{10} = \frac{\pi}{5}$$



Vertical Shift and Amplitude
Frequency and Period
Phase Shift
Examples
Phase Shift of Half a Period
Equivalent Sine and Cosine Models
Return to Annual Temperature Variation
Other Examples

Population Model with Phase Shift

Solution (cont): Compute the phase shift



Solution (cont): Compute the phase shift

• The maximum of 26 occurs at t = 2, so the model satisfies:

$$y(2) = 26 = 20 + 6 \sin\left(\frac{\pi}{5}(2 - \phi)\right)$$

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Clearly

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$$\sin\left(\frac{\pi}{5}(2-\phi)\right) = 1$$

• The sine function is at its maximum when its argument is $\frac{\pi}{2}$, so

$$\begin{array}{rcl} \frac{\pi}{5}(2-\phi) & = & \frac{\pi}{2} \\ 2-\phi & = & \frac{5}{2} \\ \phi & = & -\frac{1}{2} \end{array}$$



Solution (cont): Continuing, the phase shift was

$$\phi = -\frac{1}{2}$$



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•

$$\phi = -\frac{1}{2} + 10 n$$
, n an integer $\phi = \dots -10.5, -0.5, 9.5, 19.5, \dots$



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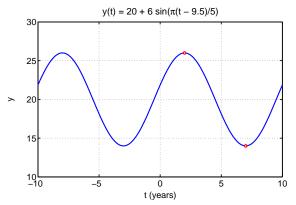
0

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• The principle phase shift is $\phi = 9.5$



Solution (cont): The sine model is





Vertical Shift and Amplitude
Frequency and Period
Phase Shift
Examples
Phase Shift of Half a Period
Equivalent Sine and Cosine Models
Return to Annual Temperature Variation
Other Examples

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- The maximum of the cosine function occurs when its argument is zero, so

$$\begin{array}{rcl} \frac{\pi}{5}(2-\phi_2) & = & 0, \\ \phi_2 & = & 2. \end{array}$$



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Vertical Shift and Amplitude
Frequency and Period
Phase Shift
Examples
Phase Shift of Half a Period
Equivalent Sine and Cosine Models
Return to Annual Temperature Variation
Other Examples

Body Temperature



Vertical Shift and Amplitude
Frequency and Period
Phase Shift
Examples
Phase Shift of Half a Period
Equivalent Sine and Cosine Models
Return to Annual Temperature Variation
Other Examples

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Circadian Rhythms:

 Humans, like many organisms, undergo circadian rhythms for many of their bodily functions



Body Temperature

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Circadian Rhythms:

- Humans, like many organisms, undergo circadian rhythms for many of their bodily functions
- Circadian rhythms are the daily fluctuations that are driven by the light/dark cycle of the Earth
- Seems to affect the pineal gland in the head
- This temperature normally varies a few tenths of a degree in each individual with distinct regularity
- The body is usually at its hottest around 10 or 11 AM and at its coolest in the late evening, which helps encourage sleep



Body Temperature Model: Suppose that measurements on a particular individual show

- A high body temperature of 37.1°C at 10 am
- A low body temperature of 36.7°C at 10 pm



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• Find the constants $A,\,B,\,\omega,$ and ϕ with $B>0,\,\omega>0,$ and $\phi\in[0,24)$



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- Find the equivalent sine model



Vertical Shift and Amplitude
Frequency and Period
Phase Shift
Examples
Phase Shift of Half a Period
Equivalent Sine and Cosine Models
Return to Annual Temperature Variation
Other Examples

Body Temperature

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• The vertical shift satisfies

$$A = \frac{37.1 + 36.7}{2} = 36.9$$

• The **amplitude** satisfies

$$B = 37.1 - 36.9 = 0.2$$

• Since the **period** is P = 24 hours, the **frequency**, ω , satisfies

$$\omega = \frac{2\pi}{24} = \frac{\pi}{12}$$



Vertical Shift and Amplitude
Frequency and Period
Phase Shift
Examples
Phase Shift of Half a Period
Equivalent Sine and Cosine Models
Return to Annual Temperature Variation
Other Examples

Body Temperature

Solution (cont): Compute the phase shift



Solution (cont): Compute the phase shift

• The maximum of 37.1°C occur at t = 10 am



Solution (cont): Compute the phase shift

- The maximum of 37.1° C occur at t = 10 am
- The cosine function has its maximum when its argument is 0 (or any integer multiple of 2π)



Solution (cont): Compute the phase shift

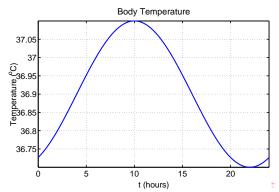
- The maximum of 37.1°C occur at t = 10 am
- The cosine function has its maximum when its argument is 0 (or any integer multiple of 2π)
- The appropriate phase shift solves

$$\omega(10 - \phi) = 0 \qquad \text{or} \qquad \phi = 10$$



Solution (cont): The cosine model is

$$T(t) = 36.9 + 0.2 \cos\left(\frac{\pi}{12}(t - 10)\right)$$





Vertical Shift and Amplitude
Frequency and Period
Phase Shift
Examples
Phase Shift of Half a Period
Equivalent Sine and Cosine Models
Return to Annual Temperature Variation
Other Examples

Body Temperature

U

Solution (cont): The sine model for body temperature is

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U

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- The vertical shift, amplitude, and frequency match the cosine model
- From our formula above

$$\phi_2 = 10 - \frac{\pi}{2\omega} = 10 - 6 = 4$$



U

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• The sine model satisfies

$$T(t) = 36.9 + 0.2 \sin\left(\frac{\pi}{12}(t-4)\right)$$

